

# RECEPTION: SCHEME OF WORK - MY BODY, MY RELATIONSHIPS

**Key Vocabulary:** happy, sad, shy, angry, worried, proud, uncomfortable, friend, kind, help, share, sorry, welcome, family, grown-up, body, hug, touch, ask, yes, no, no thank you

Title	Learning Intentions and Learning Outcomes	Resources	Statutory Guidance
<p><b>Lesson 1</b> Caring Friendships</p>	<p><b>Learning Intention</b> To explore how friendships can help us feel happy and how we can welcome others.</p> <p><b>Learning Outcomes</b> I can say how friends make us feel. I can show a kind way to welcome someone. I can spot when someone might feel left out.</p>	<p><b>Reception lesson 1 social story</b> Elephant glove puppet or toy <b>Pictures of children at school</b></p>	<p><b>PSED and Communication and Language ELGs</b> (see full mapping document) <b>Relationships education</b> Caring friendships (CF1, CF2, CF3) Respectful, Kind relationships (RR1, RR6)</p>
<p><b>Lesson 2</b> Being kind</p>	<p><b>Learning Intention</b> To explore what happens when friends fall out and how we can make things better.</p> <p><b>Learning Outcomes</b> I can say why friends sometimes get upset with each other. I can show kind ways to make up after an argument. I know that hurting someone is never okay.</p>	<p><b>Reception lesson 2 social story</b> Elephant glove puppet or toy Picture of a crown and art materials to make crowns, i.e. paper or play-doh</p>	<p><b>PSED and Communication and Language ELGs</b> (see full mapping document) <b>Relationships education</b> Caring friendships (CF5, CF6) Respectful, Kind relationships (RR1, RR3, RR6) Being Safe (BS1)</p>
<p><b>Lesson 3</b> Different families</p>	<p><b>Learning Intention</b> To recognise that families can look different and that families help and care for each other.</p> <p><b>Learning Outcomes</b> I can spot ways families can be different. I can name people who are part of a family. I can say one way families help each other.</p>	<p><b>Reception lesson 3 Social Story</b> Elephant glove puppet or toy <b>Families pictures</b> Paper and drawing materials</p>	<p><b>PSED and Communication and Language ELGs</b> (see full mapping document) <b>Relationships education</b> Families and people who care for me (F2, F3)</p>
<p><b>Lesson 4</b> My Body, My Choices</p>	<p><b>Learning Intention</b> To understand that everyone likes different kinds of touch and that we can say what feels okay or not okay for our body.</p> <p><b>Learning Outcomes</b> I can say when I like something and when I don't. I can show a kind way to say "no thank you". I know that some people like hugs and some people don't</p>	<p><b>Reception lesson 4 social story</b> Ezza the Elephant puppet or toy A second puppet or soft toy 'Huggy the Bear' (e.g., a very cuddly character)</p>	<p><b>PSED and Communication and Language ELGs</b> (see full mapping document) <b>Relationships education</b> Respectful, Kind relationships (RR2, RR3, RR4, RR7) Being Safe (BS1, BS3)</p>