

## Guidance for bringing food into school

Your child can bring food into school to share with the other children for events or birthdays.

*We do not allow whole cakes (or other food items) which need cutting and distributing and we do not allow food items that contain nuts into school. Products that 'may contain nuts' - a chance of significant allergic reaction through contamination during processing is unlikely. However, for children with severe or anaphylactic reactions to nuts, these products should be used with caution. Therefore, we ask you to avoid these products as much as possible.*

Here is some simple guidance which gives you an overall idea of what we need you to do in order for us to be able to share food in school. *The product below is just an example for you to understand what we need to see.*

1. Ensure that the product has ingredients and allergen information on it. This is not acceptable as it asks us to 'see pack' for allergen information.



2. We need to see the allergen information on the individual bar or outer wrappers like this:



Milk chocolate with a light whipped white centre (62%). Ingredients: sugar, glucose syrup, skimmed **milk** powder, cocoa butter, cocoa mass, sunflower oil, **milk** fat, **lactose**, whey powder (from **milk**), **barley** malt extract, salt, emulsifier (**soya** lecithin), **egg** white powder, palm fat, **milk** protein, natural vanilla extract. (May contain: **peanut**). Milk chocolate contains milk solids 14% minimum.

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3. If we do not have this information we are unable to share the food and it will be sent home with your child.